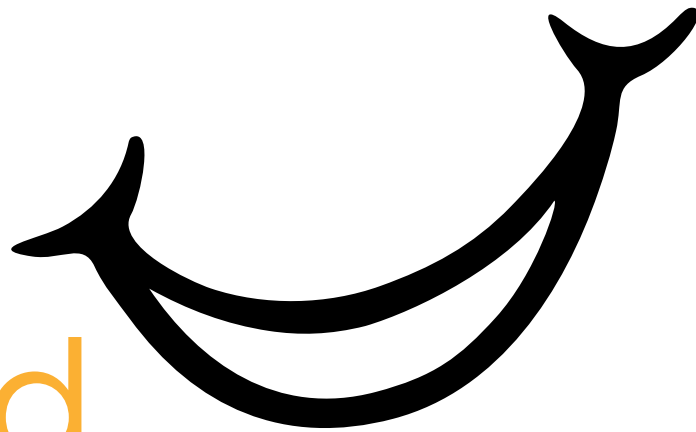


Mouths made good by Caphosol^{®+}



Swishing Caphosol[®] mouth rinse every day before beginning and during your cancer treatment helps prevent oral mucositis and treats it if it has already begun.

Caphosol [®]	
What is it?	<p>Caphosol[®] is a mouth rinse that is rich in both calcium and phosphate ions. It works by lubricating the mouth and making food easier to swallow¹</p> <ul style="list-style-type: none">• Caphosol[®] is the only mouth rinse that is scientifically proven to help prevent, reduce the duration and the pain of oral mucositis^{1,2}• Using Caphosol[®] before you start cancer treatment may reduce the severity of your oral mucositis or stop it happening altogether¹
How often should I use it?	At the start of cancer treatment you should use Caphosol [®] from 4 times per day or up to 10 times if the pain gets worse
Does it have side effects?	Reported side effects with Caphosol [®] have been rare and generally mild
What should I do if I accidentally swallow it?	Don't worry. No adverse effects are expected if Caphosol [®] is swallowed accidentally ³
Can I eat straight after using it?	You should avoid eating and drinking for at least 15 minutes after swishing Caphosol [®]
Will I get more saliva by using it?	No, Caphosol [®] doesn't stimulate the production of saliva
Where can I get it?	Ask your doctor or nurse for a prescription or buy Caphosol [®] online where available. Visit www.caphosol.eu to order your Caphosol [®]

¹Caphosol[®] is indicated as an adjunct to standard oral care in the prevention and treatment of the mucositis that may be caused by radiation or chemotherapy
For more information about Caphosol[®] visit http://www.caphosol.eu/product_info_hcp.asp

Caphosol®

How do I use it?

Caphosol® is very easy to use and comes in two different coloured ampoules, which you need to mix together before swishing³

- You can use Caphosol® alongside other treatments, as there are no known interactions with other therapies³
- Caphosol® can be used between 4 and 10 times each day depending on the condition of your mouth³
- You should avoid using other mouth rinses, eating and drinking for at least 15 minutes after swishing Caphosol®³

1 Mix the two ampoules together in a glass*



2 Swish with half of the liquid for one full minute



3 Spit out



4 Swish again with the other half for another full minute



5 Spit out, and you're done!



*Ampoules do not need to be poured simultaneously into a glass

For information about oral mucositis and how to manage it speak to your doctor or nurse and read the other resource factsheets available at www.mouthsmadegood.com

References:

1. Papas AS *et al.* *Bone Marrow Transplant* 2003;**31**:705–712. 2. Haas M *et al.* 50th ASTRO congress 2008; abstract 2530. 3. Caphosol® IFU. EUSA Pharma (Europe) Limited, November 2008.